



MARCH IS Hand Washing Month AT DIXIE SCHOOL DISTRICT

Hand washing is a very important way to control illnesses that contribute to school absences. Washing hands with soap and water is the best way to prevent the spread of germs. When soap and water are not available, hand sanitizer is a great substitute. One study showed that those kids, who used classroom dispensed hand sanitizers at specific times during the day, experienced 20% fewer absences due to illness.

Our goal in the Dixie School District is to keep a bottle of hand sanitizer in each classroom, and to encourage students and teachers to use proper hand washing techniques. If you would like to make a donation of hand sanitizer to the school, please drop it off at the school's office attn: Deborah Meshel, school nurse.



Proper Hand Washing Technique

1. Wet hands with warm water
2. Apply soap
3. Rub hands together front, back, between the fingers and under the fingernails for 20 seconds, or the time it takes you to sing Happy Birthday slowly
4. Rinse hands
5. Dry hands

